LIGHTING
FOR ONLINE VIDEO

High-quality online lectures are enhanced when students can clearly see the instructor. Below are a few lighting tips to improve video quality when filming lectures in your office or remotely.

• Use a large light source to light your face. A window or a ring light located off to the side will do the trick.

• Use the daylight setting on a ring light or daylight bulbs on your primary light source to get best results.

• A lamp in the background will add depth to your visual presentation and keep you from disappearing into the background. Mix up the scene by using a warmer bulb in the lamp.

• Avoid having big lights or windows behind your head. A viewer's attention is naturally drawn to the brightest thing on the screen.

Ring Light   Window

Lamp